# COMMUNITY FOCUS TRUST

### FOCUSING ON THE NEEDS

**ANNUAL REPORT** 2022 / 2023

COMMUNITY FOCUS TRUST CHARITIES NO: CC53341 INCORPORATED SOCIETY NO: 2724732 Community FOCUS TRUST

136 SPRINGFIELD RD, ST ALBANS CHRISTCHURCH

# **ABOUT US**

The Community Focus Trust was established in 2014 after seeing a need within the community and with discussions with Empower Church leadership. The Community Focus Trust was then formed and is focused on helping the community in practical ways.

The Community Focus Trust gained its registration as a non-profit charity with the Charities Commission in May 2016.

#### STAFF, VOLUNTEERS AND TRUST BOARD

We have 1 full-time staff member, who is employed as the Trust Manager, overseeing all the operations of the organisation. & 1 part time staff member who is our Community Worker.

There are over 30 volunteers across all our activities throughout the year, with a number of base volunteers being part of our regular projects and services.

Our board trustees consist of 4 members, who are Maurice Austin (Chair), Heather McQuilkan (Treasurer), Emily Bosworth (Trustee) & Sara Brown (Trustee).

The Board's main function is to provide direction and input in the following areas: strategic planning, core values, legal, financial, and be health and safety compliant, with appropriate delegation of management functions.



# MISSION, VISION & VALUES

Focusing on the needs in our community, so that everyone can be connected and feel part of a community.

To facilitate practical support and social services to our community, based on the needs as we find them.

Equip, empower and collaborate to build stronger communities.

### **OUR FOCUS**

As we finish another year, we all know that there are still challenges that our community face on a day-to-day basis, especially as the cost of living continues to have major effects on our community.

Our operations are still focused on helping those in need, providing essential food across our city, as we work with other agencies. We have seen in the past, this has given us opportunities that help strengthen our communities through connection.

I know that we will continue to offer help and assistance, as we reach out to our community in practical ways, that in doing so, we can help transform lives so that everyone feels part of their community. This year we continue to focus on the values and the mana of a community that brings out the best, connecting each other, helping build strong communities.

My personal thanks to everyone who has supported us throughout the year, helping us focus on the needs.

Mark Hudson - Trust Manager



#### CONDUCTIVE EDUCATION

It was great to help deliver both Christmas and Family Easter Packs to Conductive Education, in collaboration with Empower Church, during the past year.

We are excited with this project, as we provide ongoing support for an amazing organisation, as they support children and families by providing early intervention, making the families the centre in everything they do.



This has been extended to include other packs during the year, supporting this organisation and the families which they support year round.



#### COVID 19 RESPONSE AWARD

In May 2023 we received an award from the Prime Minister Rt Hon Chris Hipkins, for the response during the COVID-19 pandemic. We were humbled and honored to be acknowledged in this way, being part of many amazing community organisations, reaching out to their communities during this time, throughout Aotearoa,

Our thanks also to the Ministry of Social Development for their continued support, as we enable others to connect with their communities through kia.

# A SNAP SHOT OF OUR YEAR

## BUYCYCLES

This exciting project continues to provide sustainable transport in collaboration with Canterbury Community Health. Over the past 4 years we have increased those who have helped and to date have given bikes to 380 people in need.

As are currently in collaboration with RAD as we increase the need of bikes in our community. We also are working with other organisations, to develop co-projects that would benefit both the community and a working partnership with other community groups.

## COMMUNITY KAI NETWORK

We have many areas that we are involved in within the community, which include- Workplace Fruit delivering fruit to help healthy eating within a business, Community Food Response helping connect those in need through produce and essential party boxes, Fruit In Schools promoting healthy eating for our next generation, Our Social Connect is also a valuable part, connecting each other around kai.

St Albans Co-Op is our social enterprise where over the past 12 months we have supplied just over 6000 produce packs at affordable cost, giving families and individuals value for money, with healthy eating options. Our average customer base was 130 per week and we operate 46 weeks of the year.

## CONDUCTIVE EDUCATION

Once again this year in conjunction with Empower Church and Rotary Christchurch New Horizons, we supported Conductive Education and their families with special Christmas Boxes and Gifts. These Christmas Boxes included special treats and gifts for all the families.

We were excited as we provided some Christmas joy for an amazing organisation, as they support children and families by providing early intervention, making the families the centre of everything they do.

This project included a Family Easter Pack, helping families during this special weekend. Once again this was inconjunction with Empower Church.

### LOOPY TUNES

We continue to work in collaboration with Empower Church with Loopy Tunes Music & Movement for preschoolers, which is held on Thursdays, during the term time. This is allowing families in our surrounding community, come together to meet and connect during this time.

On average we see around 35 preschool children and their parents/caregivers attend each week, promoting a fun environment with a culturalbased programme around music movement.

## KIDSFEST

We hosted 2 Kidsfest events with Elgregoe The Magician, who performed a magic show with around 180 children and their parents/caregivers attending, with a Messy Play Day, with a total of 250 attending Kidsfest 2022.

This is an annual event as part of the Christchurch City Council, July school holiday programmes.





# THE GOODNESS MARKET

Our values, mission & mana comes together with this initiative and will became a core focus in the cost of living crisis, with the outcome of this being able to establish a community that is food secure.

The Goodness Market will offer subsided Essential Kai & Your Selection Packs, Produce Packs and Home Garden Kits, focusing on families in need, making sure that we are not only helping with food insecurity but, looking after the health and wellbeing of those we connect with.

We are grateful for the continued support from Foodtogether, MG Marketing, and the Ministry of Social Development NZ, working with us, helping us with this new social enterprise.

#### OUR COMMUNITY OUR PEOPLE

He aha te mea nui o te ao?

WHAT IS THE MOST IMPORTANT Thing in the world?

He tangata, he tangata, he tangata

IT IS PEOPLE, IT IS PEOPLE, IT IS PEOPLE

# OUR THANKS

Community Focus Trust could not do what it does without the support and backing from our funders and supporters, who give generously to our work.

























#### STATEMENT OF SERVICE PERFORMANCE 2022/2023

#### WHAT WE HAVE ACHIEVED IN THE COMMUNITY THIS YEAR

#### Community Focus Trust Volunteer Hours 2022 - 2023

Project or Programme	Community Participation	Volunteer Numbers	Volunteer Hours
Vege Co-Op	5200	12	1380
Social Connect	150	2	150
BuyCycles	100	4	300
Events	250	5	30
Food Response Projects	1500	10	200
Trustee Board	Ο	4	40
Totals	7200	37	2100